



REMEMBERING
Audrey Frost

October 16, 1939 - November 16, 2022



It is with profound sadness that the family of Audrey Frost of Okanagan Falls, BC announce she has passed away at McKinney Place in Oliver, BC on November 16th, 2022.

Born on October 16th, 1939 in Penticton BC to Edwin and Ethel Forman, she was the 3rd of 4 children.

She is survived by her husband, Jack, her daughter, Janet Stewart, daughter, Toni Long (Jim), son Darryl Frost (Maria), son John Frost, sister Thelma Bachman, sisters- in-laws, Lois Sharpe and Joy Frost, 9 grandchildren, 9 great-grandchildren and many cousins, nieces and nephews.

Audrey is remembered as a kind, gentle, and generous soul, who could always find the good in every person, and the bright side of every situation, no matter how dire. She was very welcoming of anyone who came into her home or her life and was described as someone who became everyone's Mom, Aunty or Grandma. She dedicated her life to the unconditional love of her family, which was her greatest treasure. She was a devout Christian and did daily bible readings, had long prayer lists for her family and anyone else who needed them.

She will be terribly missed, but we take comfort that she is now pain free and flying with the angels.

